

THE MARANUI SURF LIFE SAVING CLUB

(INCORPORATED)

P.O Box 14-393, Kilbirnie

CAFE TELEPHONE: 04 387 4539

OFFICE TELEPHONE: 04 387 2649



THE PARADE, LYALL BAY, WELLINGTON, N.Z.

ELECTRONIC MAIL ADDRESS
cafe @ maranui.co.nz

FOUNDED 1911



SURF SNACKS

10am - 4.30pm

TASTY TOASTIE \$12

Ham, Cheese & Tomato or Ham, Cheese & Pineapple
or Ham, Cheese & Caramelised Onion

QUESADILLA W/ FRESH SALSA SIDE & SOUR CREAM \$15

Pulled Pork w/ Toasted Fennel Seed, Jalapenos, Smoked Cheese, Tomato & Coriander
or Mushrooms & Feta w/ Baby Spinach & Chili Corn

SUPER STEAMED MUSSELS \$14

One Dozen Steamed Mussels in Rich Tomato, Fennel & Anchovy Sauce w/ Toasted Spelt Bread

SHOESTRING FRIES \$7

w/ Maranui Aioli

LIFE SAVING SIDE ORDERS

\$7 Rocket & Shaved Parmesan Salad
w/ Balsamic & Olive Oil

\$6 Manuka Smoked Bacon
Zany Zeus Halloumi

\$5 Smoked Salmon

Grilled Ham

Kransky Sausages

Island Bay Black Pudding

\$4 Hash Browns ⑦

Avocado ⑦

\$4 Baked Flat Mushroom ⑦

Rosemary Roasted
Baby Potatoes ⑦

Grilled Tomato ⑦

Wilted Spinach ⑦

\$2 Poached Free Range Egg

Pesto

\$1 Hollandaise Sauce

Maple Syrup ⑦

Aioli

KIDDIES KAI

BABY BAY BREAKFAST \$12

A Tasty Free Range Egg on Toasted
Ciabatta w/ Smoky Bacon, Kransky
Sausage, Hash Brown & Mushroom

FRUITY FRUIT BOWL \$7

Seasonal Poached, Fresh Fruit
& Berry Compote w/ Yoghurt

Best Ugly Bagel \$7

Toasted w/ Fix & Fogg Dark
Chocolate Peanut Butter

TEENY TASTY TOASTIES

Ham & Cheese \$6
or Ham, Cheese & Pineapple \$7
or Ham, Cheese & Caramelised Onion \$7

PIXIE PANCAKES \$6

w/ Anathoth Raspberry Jam & Cream
or Maple Syrup

BOILED FREE RANGE EGG & SOLDIERS \$5

⑦ = Vegan

NEW MEMBERS

*Gluten Free Bread Available

ARE ALWAYS WELCOME



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COOKED BEACH BREAKFASTS 7am - 3pm

TOASTED SEMENTI LOAF or CIABATTA & SPREAD \$6

Anathoth Raspberry Jam, Honey, Marmalade, Vegemite, Marmite
or Fix & Fogg Peanut Butter (Dark Chocolate or Super Crunchy)

BEST UGLY BEACH BAGEL

w/ Smoked Warehouse, Crispy Capers, Cream Cheese & Fresh Dill \$14
or w/ Grilled Halloumi, Fresh Basil & Grilled Sweet Tomato \$13

AFTER SWIM SUPER SNACK

On Toasted Sementi Loaf w/ Avocado, Tomato & Basil \$12 (V)
or Avocado, Grilled Sweet Tomato & Basil \$14 (V)
or Smashed Pea & Mint w/ Zany Zeus Feta & Chilli Flakes \$14
• Add Bacon \$5 • Add 2 Poached Free Range Eggs \$3

MARANUI MUESLI \$12

w/ Fabulous Fruit, Berry Compote, Yummy Yoghurt & Honey

BUTTERMILK PANCAKE STACK

w/ Manuka Smoked Bacon, Banana & Maple Syrup \$16
or Berries, Banana, Mascarpone & Maple Syrup \$15

SEASIDE SCRAMBLED TOFU \$17

w/ Sautéed Vegetables on Toasted Sementi Loaf & Avocado (V)

MAGIC MARANUI MUSHROOMS \$17

w/ Crème Fraîche, Thyme & Fried Leeks on Toasted Sementi Loaf

FRESH FREE RANGE EGGS ON CIABATTA \$8

Your Choice of Poached, Scrambled or Fried
Add sides of your choice...

FISHERMANS FRIED EGGS \$16

Free Range Fried Eggs w/ Dukkah, Wilted Spinach & Hummus On Toasted Ciabatta

BREAKER BAY BEANS \$18

Chorizo & Spicy Black Beans w/ Two Poached Free Range Eggs
& Tortilla Crisps w/ Sour Cream & Tomato Salsa

EGGS BENEDICT \$15.50

Two Tasty Poached Free Range Eggs on Toasted Ciabatta & Hollandaise
w/ Grilled Ham off the Bone or Spinach
or Smoked Salmon or Manuka Smoked Bacon \$17

VICTORY BREAKFAST \$20

(the Vegetarian Selection) (V)

Two Tasty Poached Free Range Eggs on Toasted Sementi Loaf
w/ Baked Flat Mushrooms & Pesto, Grilled Tomatoes,
Wilted Spinach, Avocado and Rosemary Roasted Baby Potatoes

BIG BAY BREAKFAST \$20

Two Tasty Poached Free Range Eggs on Ciabatta w/ Manuka Smoked Bacon, Kransky
Sausages, Baked Flat Mushroom & Pesto, Grilled Sweet Tomatoes & Hash Brown

(V) = Vegan

DO NOT PANIC, STAY CALM



*Gluten Free Bread Available

AND SIGNAL FOR HELP