



THE MARANUI SURF LIFE SAVING CAFE

THE PARADE, LYALL BAY, WELLINGTON, N.Z.



FOUNDED 1911

CAFE TELEPHONE:

04 387 4539

VISIT OUR MODERN WEBSITE

www.maranuicafe.co.nz



BEACH BREAKFASTS

7am - 3pm

HOUSE-MADE SOURDOUGH CRUMPETS \$12

w/ Orange & Vanilla Whipped Ricotta & Honey

TOASTED UGLY BEACH BAGELS

or w/ Smoked Salmon, Crispy Capers, Creamed Cheese & Pickled Fennel & Cucumber \$16

or w/ Smoked Warehouse, Crispy Capers, Creamed Cheese & Pickled Fennel & Cucumber \$16

or w/ Grilled Halloumi, Fresh Basil & Grilled Sweet Tomato \$15

FAVOURITE AFTER SWIM SUPER SNACK

On Toasted Sementi Loaf

w/ Avocado, Fresh Tomato & Basil \$14

or Avocado, Grilled Sweet Tomato & Basil \$16

• Add Bacon \$5 • Add 2 Poached Free Range Eggs \$3

MARANUI MUESLI \$14

w/ Summer Berries, Yummy Yoghurt & Honey

Add Maranui Made Vegan Coconut Yoghurt for \$2



POST SWIM TIPPLE

G & L \$10

Gin & Hardieboys Lime

BLOODY MEDICINE \$10

Vodka, Spicy Tomato Juice & a splash of this & that...

CHERRY BELLINI \$10

Cherry Pomegranate & Bubbles

MIMOSA \$10

w/ Fresh Squeezed Maranui OJ

BREAKFAST BEER \$11

Ask about the Guest Beer



ASK ABOUT OUR VEGAN & GLUTEN FREE OPTIONS

LYALL BAY LINE UP

7am - 3pm

BUTTERMILK PANCAKE STACK \$16

w/ Manuka Smoked Bacon, Banana & Maple Syrup or Strawberry & Rhubarb Compote, Banana, Crème Anglaise & Toasted Hazelnuts

SEASIDE SCRAMBLED TOFU \$18

w/ Stir-fried Vegetables & Coriander, Toasted Sementi & Avocado

QUEEN SALLY'S VEGAN GOODNESS BOWL \$20

Roasted Tempeh, Brown Rice, Greens w/ Cashew Dressing, Red Pepper Harissa & Hummus w/ Savory Pistachio Granola

BREAKER BAY BEANS \$18

Chorizo & Spicy Black Beans w/ Two Poached Free Range Eggs & Tortilla Crisps w/ Sour Cream & Tomato Salsa

FRESH FREE RANGE EGGS ON CIABATTA \$9

Your Choice of Poached, Scrambled or Fried Add sides to create your own favourite brekky!

FISHERMANS FRIED EGGS \$17

Free Range Fried Eggs w/ Dukkah, Wilted Spinach & Hummus on Toasted Ciabatta

EGGS BENEDICT

Two Tasty Poached Free Range Eggs on Toasted Ciabatta & Hollandaise w/ Spinach \$16 or Smokey Bacon \$18 or Grilled Ham off the Bone \$17 or Smoked Salmon \$18

MAGIC MARANUI MUSHROOMS \$18

w/ Crème Fraiche, Thyme & Fried Leeks on Toasted Sementi

VICTORY BREAKFAST \$21 (the Vegetarian Selection)

Two Tasty Poached Free Range Eggs on Toasted Sementi w/ Baked Flat Mushrooms & Pesto, Grilled Sweet Tomatoes, Wilted Spinach, Avocado and Rosemary Roasted Baby Potatoes

BIG BAY BREAKFAST \$22

Two Tasty Poached Free Range Eggs on Ciabatta w/ Smokey Bacon, Kransky Sausages, Baked Flat Mushroom & Pesto, Grilled Sweet Tomatoes & Hash Brown



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SURF SNACKS

10am - 4.30pm

TASTY TOASTIE \$12
w/ Raunchy Relish and Choose
up to 3 of the following:
Ham, Cheese, Tomato, Pineapple or
Caramelised Onion • Add extra for \$2

QUESADILLA \$16
W/ FRESH SALSA SIDE &
SOUR CREAM AND EITHER:
Pulled Pork w/ Toasted Fennel Seeds,
Smoked Cheese, Jalapeno, Tomato & Coriander
or Refried Black Bean w/ Cumin Seed &
Chili Roasted Corn, Baby Spinach & Cheese

SUPER STEAMED MUSSELS \$18
One Dozen Steamed Mussels in Leek, Chervil &
Pernod Cream w/ Toasted Maranui Spelt Bread



SWEET &
SPICY NUTS \$6

MARINATED
WARM OLIVES
\$8

SHOESTRING
FRIES \$8
w/ Maranui Aioli

LIFE SAVING SIDE ORDERS



\$7 Rocket & Shaved
Parmesan Salad
w/ Balsamic &
Olive Oil

\$6 Manuka Smoked Bacon
Zany Zeus Halloumi
Kransky Sausages x3
Smoked Salmon

Island Bay
Black Pudding
Grilled Ham

\$5 Hash Browns x2
Wilted Spinach
Avocado

\$4 Rosemary Baked Potatoes
Baked Flat Mushroom
Grilled Sweet Tomato

\$3 Poached Free Range Egg
or 2 Eggs for \$5

\$2 Maranui Made Vegan
Coconut Yoghurt

Toasted Maranui
Spelt Bread

Hollandaise Sauce

Gluten Free Bread

Raunchy Relish

Maple Syrup

Dukkah

Aioli

KIDDIES KAI

BOILED FREE RANGE
EGG & SOLDIERS \$6

Add extra egg for \$2 or Add Bacon Rasher \$2

BABY BAY BREAKFAST \$14

A Tasty Free Range Egg
on Toasted Ciabatta
w/ Smokey Bacon, Kransky Sausage,
Hash Brown & Mushroom

TEENY TASTY TOASTIES \$7

Choose up to 2 from the following:
Ham, Cheese, Pineapple or Caramelised Onion
Add extra for \$1

TOASTED BEST
UGLY BAGEL \$7
w/ Fix & Fogg Dark
Chocolate Peanut Butter
or w/ Cream Cheese
& Pippa's Jam

PIXIE
PANCAKES \$7
w/ Jam & Cream
or Maple Syrup
Add Bacon Rasher \$2



SIGNAL TO
ATTRACT ATTENTION



ASK ABOUT OUR VEGAN &
GLUTEN FREE OPTIONS



WE USE ORGANIC MILK & FREE RANGE EGGS
2% SURCHARGE ON CREDIT CARD TRANSACTIONS

DO NOT PANIC, STAY CALM AND SIGNAL FOR HELP